



PARENT BULLETIN

NOVEMBER 2021

Upcoming Events

Nov 9	HSC Starts
Nov 16	P & C Meeting
Nov 23	Year 7 2022 Orientation Day
Nov 26	HSC Ends
Dec 6	Year 12 Graduation Ceremony
Dec 7	Year 10 Formal
Dec 13	Year 12 Formal
Dec 16	Last Day of School
Jan 24	HSC results available

See back page for more details



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PRINCIPAL'S REPORT

Dear Parents and Carers,

It has been just wonderful to welcome our students back to face to face learning and reconnect to our school community after 13 weeks of remote learning and almost 4 months of lockdown. As you know, our Year 7-11 students came back on October 25 with Year 12 (2021 students) being able to start back just one week before.

Of course, the resumption of school has not been without its challenges, particularly since all year groups are required to separate from each other in what is known as a "cohorting model". At Elderslie High School, this has meant that each year group has a bubble of classrooms they stay in all day while our specialist teachers move to them. We also have separate bell times, toilet blocks, canteen access points and many other aspects of school life have had to be turned upside down, but I am very proud to report that the vast majority of our students have adjusted very well to this "new normal". Late last week, the NSW Minister for Education announced that schools in Greater Sydney would enter Level 3 restrictions (we have been on Level 3+ for the past few weeks) and that we would be staying there until the end of year. This means that the current bell times and structures will remain in place until Term 4 concludes with some small aspects of school operations relaxing. I am also very proud of the majority of students who have shown their maturity with the Department's requirement that all high school students and staff wear face masks inside.

Many of our students have been curious about the reasons for the cohorting model and separation of each year group from each other, especially when children in families usually span across multiple year groups and are obviously mixing at home and in the community. NSW Health have advised that by keeping year groups in their own isolated bubbles, that infection control is made easier and also that contact tracing is simplified, meaning that should we have a positive case, only one year group would be likely to be close contacts instead of the whole school of 1000 students. As I am sure our school community will agree, we absolutely need to do everything in our power to promote hygiene and safety and so this cohorting remains necessary given that so many people are on the campus.



Support Unit News

As all our parents would know, Elderslie High School has had specialist Support Unit for 6 years now for students with Autism. The Department of Education places students in this unit from the regional area. Up until now, we have had 3 classes within our unit, but I am very excited to announce that from 2022, we will be adding a fourth class, again focusing on students with Autism. The school has been fortunate to acquire an additional demountable meaning that all four classes can be closely situated to each other, which is optimal. We look forward to welcoming the additional students, their new teacher and Student Learning Support Officer (SLSO) to the school.

Year 12 News

Our Year 12 Class of 2021 have now commenced the HSC examinations after what has been a horrendous year of disruption. I have been so heartened to see how engaged our students have been in coming back from 18 October, even though their last official day was at the end of Term 3. A very significant proportion of Year 12 returned for intense revision sessions and were so grateful to soak up the face-to-face advice of their teachers and see their friends after all the time away. I wish our Year 12's every success in the rest of their exams and of course, into the future. Due to the NESA's decision to delay the start of the HSC, this year's results will not be available until January 24, 2022 instead of just before Christmas.

We were pleased to be able to have something of a Picnic Day for Year 12 on November 5, just before the exams commenced. Although we couldn't have our traditional offsite excursion, the initial plan was simply to have our event, with pre-portioned pizza lunch on our own back oval however the weather was not kind to us, resulting in the need to be indoors. Students came to school dressed as what they wanted to be when they "grew up" which provided a little light fun on their final day of revision.

The Department has revised a number of their guidelines on graduation ceremonies which have impacted our planning for our students. Our Graduation Ceremony will be held at school in the hall on December 6. With the limitations on space set, we are very disappointed that we cannot have parents attend. This is due to the fact that when we have calculated the maximum capacity of the hall with the required distancing between each different household, there is not even enough space for every single student to have one parent attend each. This situation would be terribly unfair if some students could have one parent while other couldn't. Instead, the plan is to livestream the event so that parents can watch from wherever they might be - a task that is challenging for the school, but one we are prepared to have a go at. There is no mistaking that to not have parents is extremely saddening but cannot be helped.

School Successes

I am delighted to announce that Elderslie High School has won a range of prestigious awards for Aboriginal students. We were thrilled to learn that Briannan Eggert of Year 12 won a Nanga Mai award for public speaking whereas Allan Barker, Ben Kitchen, Dylan Bell and Emily Keenan have also won Aboriginal Student Achievement Awards. Ms Crossingham will be detailing these amazing achievements more in her section of Parent Bulletin. I would like to congratulate each of our winners and I look forward to joining them for the virtual award ceremonies later on this term. A special thank you to the Aboriginal Education Team who wrote the nominations, a task which requires significant effort.

Student Leaders

Since our return to school, I have been honoured to present the badges to the incoming Captaincy Team students for 2022 as well as to our new Prefects. In normal times, I would have presented these wonderful student leaders with their badges in front of the entire school on a Wednesday assembly but since we are not allowed to come together in this way, private ceremonies were held and recorded in readiness to show the whole school at the next virtual assembly. A huge thank you to our Senior Leadership Co-ordinator, Ms Farrar for all her hard work in this area.

Parent & Citizens Meetings

Our next P&C meeting will be held virtually via Zoom on Tuesday, November 16 at 7pm. I extend a warm welcome to any parents who would like to attend. A link will be sent to all parents a few days in advance of this meeting.

Kind regards, Mrs Jenny Lawrence Principal







FROM THE DEPUTY PRINCIPALS Natalie Martin (DP Years 7 & 10)

Year 7

Last term I joined the Year 7 on-line year assemblies and I would like to thank all of the students who joined the meetings. Mrs Castillo developed extremely engaging presentations including shout outs to students who have been completing all of their online classwork and participating regularly in zoom lessons. I have been really impressed with the quality of classwork that has been developed by our teachers who have utilised interactive technological teaching resources to ensure lessons are interesting and fun. I acknowledge that it has been extremely challenging for many of you who have been supervising your children whilst trying to work from home as well. So I extend a huge **THANK YOU** to parents for your ongoing support of the school and of your children with learning online at home.

Year 10

Year 10 students need to activate their Students Online account on NESA in order to access their E-Report or to request a ROSA if they are intending on leaving school at the end of this year. Students are permitted to leave school once they have completed Year 10 and have full time education, training or employment of up to 25 hours per week. It is also beneficial for students remaining at school to activate their Students Online account so they can access their Year 10 Grades as these will not be published on the end of year reports.

We have approval to hold the Year 10 End of Year Function which is scheduled for Tuesday 7th December at Ottimo House, Denham Court. Students have been issued with permission notes and will need to finalise payments to the Student Office by 30th November. We also require students to complete clearance processes before being issued with their formal ticket.

Year 10 have not transitioned to Year 11 in Term 4 as due to the DoE COVID return guidelines requiring a cohort learning model. Students will find out their Year 11 electives in Week 6 of this term and we will be running some transition activities to prepare students for senior learning in 2022. Year 10 can wear the senior uniform or continue wearing the junior uniform from Week 7.

I would like to thank parents for supporting your child with their online learning during lockdown. It certainly has been an unusual year with unknown consequences of the interruptions to face to face learning. I have enjoyed seeing students both in classrooms and the playground after such a long absence from face-to-face learning.

Reports

The Semester Two reports will have an A-E effort grade to reflect on student completion of classwork online and contributions to learning in the online environment. We will not be adding an academic grade as assessments for

Semester 2 have all been modified so that they could be completed online. If students have been diligent, completed all online classwork and assessment tasks they will have met the outcomes for each subject. Year 10 students may be N-Determined if they did not complete assessment tasks in Semester 1. An N-Determination means that a child has not met learning outcomes in several subjects and is ineligible for a Record of School Achievement which is the credential required to complete Year 10

Ms Natalie Martin Deputy Principal Years 7 & 10

Joanne Amos (DP Years 8 & 11)

Year 12 2022

Assessment Guidelines Presentation

Year 11 moved into their Year 12 studies at the beginning of this term and are now learning their HSC content. On Tuesday, 26 October all students were given a presentation on the HSC Assessment Guidelines which outlined the procedures and expectations for completing all assessments. Students were given a paper copy of the HSC Assessment Booklet and they can also access this document on the school's website.

2022 Pattern of Study

Many students have already provided their forms indicating they wish to alter their pattern of study in Year 12 by picking up and extension course or by dropping a subject. The interview process has begun with students talking to myself and Ms Wilson about their plans for Year 12 and beyond to help them make the best decision. In 2021 the only students who will have the changes applied immediately to their timetable are those picking up extension courses for English, Mathematics, Science or History. All other changes will take effect from the beginning of the 2022 calendar year. Any student who has not yet submitted a form, can still do so by handing it to Mrs Amos.

Resilience Presentation

All of Year 11 participated in a Resilience Presentation from Kate Gladdin on Tuesday 26 October. Kate is a worldrenowned speaker who specialises in uplifting teens as experiences understands from her own overwhelming, confusing, and engulfing some challenges can be. Especially at a time in their life when they are often struggling to find their independent identity. The focus of Kate's talk was on how to reduce student anxiety by teaching them the power of "response - ability" which is the ability to choose a response to any situation based on your perspective of it. Her practical strategy is about using the 3R's - Recognise, Reflect and Redirect to help them manage their emotions and responses. Feedback from the students was that the presentation was inspiring, thoughtprovoking, and motivating.





Life Ready Program

Learning from Home had put a halt on the Life Ready program, but we are now back and are gearing up to continue to present the next series of sessions to students in Week 6. These sessions will focus on:

- Planning and Setting Goals
- Identifying Strengths, Skills and Strategies
- Responsibilities in a Sexual Relationship

There will be more sessions and workshops planned in 2022 as we work towards meeting the 25-hour requirements of the program.

It is great being back at school.

Mrs Joanne Amos Deputy Principal Years 8 &11

Dale White (DP Years 9 & 12)

A parent is their child's first teacher- Thank you for your efforts during remote learning!

Welcome back to all students and parents after the extended and ongoing COVID learning from home experience. We have an extremely busy end of year ahead of both Year 9 and 12.

Year 9

Students in Year 9 have returned to a different looking and feeling school experience. The students are in, what we are referring to as cohort bubbles, that is the students in Year 9 have to ensure they only make contact with the Year 9 year group and no other while at school. The vast majority of students have been able to settle back into schooling and the new rules and routines designed to keep us all safe while concentrating on filling in any gaps they may have had in their learning. We thank all students who maintained their education while in lockdown by completing their work supplied by the teachers. I hope you have been able to consolidate your understanding, ask questions and thrive in the online experience. We thank all parents and community members for their assistance with

their children during remote learning. We know that a parent is their child's first and longest lasting teacher and your support is invaluable in the education of your child as they progress through these difficult teenage years. I am sure it was not easy during lockdown for students, parents and teachers. Year 9 should now be finalising their last aspects in their learning for the successful completion of Year 9. For some in Year 9, it is a very important year. The successful completion of Year 9 opens doors that will allow students to pursue an apprenticeship or traineeship at the start of Year 10. I have mentioned this to students in Year 9 on many occasions and it is pleasing to see that many students are now exploring their options undertaking these roles and joining the work force at the start of Year 10. If any students or families need assistance in finalising the paperwork or procedures, please reach out to the school careers adviser or myself.

Year 12 students have once again had a difficult year in their senior studies. The impact that COVID and the online learning has had would have made it difficult for most students, but it was pleasing to see that the vast majority choose to thrive in the online environment by reaching out to their teachers regularly and joining them in online lessons. Year 12 may have had a disrupted experience in preparing for the exams, but they have never received as much time to prepare, revise and master the skills and knowledge required to do well in the HSC exams. We all know that the HSC exams are not the determinant of your achievements in life just simply a part of the journey and certainly not the end. I encourage all students to achieve the best they can as they start the examinations on Tuesday 9th November. Please ensure you are familiar with the rules and expectations surrounding this year's exams. We presented them in the last couple of online assemblies, in the Week 5 HSC Exam assembly and the recent emails from myself to you and your parents. Face masks are required and ensure you are clear of any flu like symptoms before you attend any exam. COVID has also impacted on the two big other events in 2021 for Year 12.

Firstly, the Graduation ceremony on Monday the 6th December at 9.30 am will unfortunately be a student's only event at this stage, due to the current NSW DoE guidelines and space requirements. This was a difficult decision we had to make and one which we want parents to know was not our preference. We simply could not accommodate students, some staff and a single parent of all students at the event. This level of difficulty and constraint had to lead to the decision to ensure equity for all families rather than excluding some from attending their child's final assembly at school. We will be either live streaming or recording the event for parents to still ensure they have a long-lasting memory of their child's achievements at school.

The Year 12 Formal will take place on Monday December 13 at City Beach Function Centre in Wollongong. The event will start at 7pm and conclude at 10pm sharp. Student



payments and clearance will take place on Friday December the 3rd where all students must return their textbooks, subject fees and any other school material they have. Unfortunately, the formal has also been hit by the current COVID restrictions and guidelines. All students and staff over the age of 16 must be double vaccinated for COVID to access the venue. This is a NSW Health rule imposed on the venue and is out of the school hands. We apologise if this impacts on any students and families. Parents should be aware of this requirement when discussing with their child about attending the event. I thank Year 12 for their effort, character and persistence in their final years of schooling at Elderslie High School and I wish them all the best in their lives ahead.

Mr Dale White Deputy Principal Years 9 & 12

Head Teacher Wellbeing, Learning and Support Report

It is wonderful to be back onsite and seeing students in the flesh, after the learning from home period.

As we transition back to school the Department of Education has a number of Mental Health and Wellbeing supports available to students, parents/carers and staff, these can be accessed via the following link https://education.nsw.gov.au/student-

wellbeing/counselling-and-psychology-services There are also a number of free and confidential services which operate 24 hours and day, 7 days a week and are available to support, listen and help out when you need.

Onsite at school, students also have access to the Wellbeing, Learning and Support team which consists of:

- Head Teacher Wellbeing, Learning and Support
- School Counsellor
- Year Advisers
- School Chaplain
- Student Support Officer (SSO)
- Learning and Support Teachers (LaSTS)
- School Learning and Support Officers (SLSO)

Students can make an appointment to access these specialised staff and can also self-refer through the following

https://docs.google.com/forms/d/e/1FAIpQLSf67UtuRJ6Iu DrWoWj6D1Qc4jYjrIQOXDlhb1zVgBQ84Hxh6A/viewform Students, parent/carers and staff also have access to the School Wellbeing Website: https://sites.google.com/education.nsw.gov.au/ehssc/home which also includes an array of Wellbeing, Learning and Support information.

Externally to our school Resilience In Our Teens (RIOT) has three (3) interactive webinar sessions available for parents.

They are running on Thursday the 25th of November, 2nd & 9th December 2021 from 6.30-8.45 PM. The sessions cover: Identifying and combating your teen's anxious behaviours, learning simple strategies to reduce anxiety, building resilience in your teen for greater social and academic success, improving your parenting confidence and family bonds. In order to register for these sessions, please refer to the flyer attached in this newsletter.

My Wellbeing, Learning and Support teams are always happy to help and provide support. If you have any questions, and/or if there is anything we can do assist your son/daughter/wards Wellbeing or Learning, I encourage you to reach out to us.

Take Care and Warmest Regards Mrs Jaclyn Thompson Head Teacher Wellbeing, Learning and Support

Senior Student Leadership News 2022 Captaincy Team Badge Presentation

Now that we are finally back face to face, during week 5 Ms Lawrence, Ms Amos and myself had the pleasure of formally issuing the 2022 Captaincy Team with their leadership badges. This normal ceremonial process would typically have occurred at a full school assembly, but due to restrictions we had to adapt. Consequently, the event was recorded to be shown at a full school virtual assembly and we took some photos to mark the occasion.

It has been wonderful to see our school leaders in person, and to be able to properly congratulate them on their appointment to the 2022 Captaincy Team.

The 2022 Captaincy Team has written a message to introduce themselves. You can read this below.

Ms Farrar (Senior Student Leadership Coordinator)

A Message From the 2022 Captaincy Team To the students, parents, teachers and wider community of Elderslie High School,

Our goal as the 2022 Captaincy Team is to strive for success and make a difference to the wider school community including students, teachers & parents! Next year, we'll all be working on initiatives to improve our lives at school, with a special focus on mental health & wellbeing post-lockdown. Many students have been affected by the lockdown physically, financially and mentally; we hope as leaders to create a positive and understanding environment for these students and possible methods to help with these experiences. As students ourselves we hope to create positive and effective changes to our school that best suit our students. All of us in the 2022 Captaincy Team will work closely with our very exciting new group of Year 11 Prefects for 2022 to guide them through their leadership journey and work alongside them to achieve each and every one of our goals!



I'm Emelia, and I am one of the school captains. My goal is to promote connectedness and inclusivity within our school and wider community through my captaincy initiative which encourages student participation in sport.

I'm Mary, the other school captain for 2022. This year I am aiming to create an inclusive and understanding environment for fellow Elderslie High School students through my initiative which will be based on creating connections with different cultures within our school.

I'm Ameira, one of the vice captains of Elderslie High. This year our goals and ambitions are set to make the school a more inclusive and happy environment for the students, teachers as well as our community!

I'm Adam, I am also one of the vice captains at Elderslie High. My goals for next year are to both improve the wellbeing of our school community and also make the school more welcoming than it already is.

I'm Jacob, a fellow vice-captain. My goal for the coming year is to bring emphasis forward on the effects that mental health can have on students. The aim is to provide an environment where students are learning about the effects of mental health and how to help fellow students in a rough time.

I'm Jade, another vice-captain of Elderslie High. This year I am aiming to create an environment where everyone can feel included and safe. I am hoping with this safe environment in our school, other students will feel comfortable to be able to come up to any of us in the captaincy team with any concerns.

I'm Mikayla & I'm one of your Vice Captains for 2022! I'm so excited to be in this role & can't wait to make a positive difference to our school community! One thing I'm really passionate about is mental health, especially post-COVID, & I'm hoping to use my platform to help people gain awareness of the issue & help out students here at Elderslie!

I'm Bailey, working with my peers and fellow captains/ vice-captains, I aim to create a more welcoming and connected environment within the school. I want to lead initiatives which benefit the school and improve the student's quality of life and overall improve the school however I can!

Please feel free to come and have a chat with any of us at any time!

Your 2022 Captaincy Team, Emelia, Mary, Ameira, Adam, Jacob, Jade, Mikayla & Bailey





SRC News

Due to Stage 3+ restrictions, SRC has been on pause for the remainder of the year, as students have dissolved back into DEAR with their peers in the same year group. Due to this, our event ideas for the remainder of the year are currently on pause, but we do hope to complete the year with a lunch time event in Week 10 as a way to work once last time together with the 2021 Team.

Despite the challenges, SRC 2021 has been hugely successful at EHS. From World's Greatest Shave, National Day Against Bullying Pledge Wall, Harmony Day mufti to support our two World Vision Sponsor children, organising, designing, and producing a beautiful Diversity mural symbolising our differences, supporting We Are Community with a Food & Blanket Drive and Wellbeing Week focusing on mental health during online learning - I am so incredibly proud of this years' team! Students have flourished as leaders, built relationships with peers, and in turn, have worked collaboratively to have a succession year, despite working from home.

During this time, SRC occurred during DEAR time on Mondays, Wednesdays and Fridays. The time was offered by Mrs Mulligan as a way to check in, and as support. Together, we discussed how to provide positivity to Year 12 students, and how to celebrate our return to school.



Thank you to those students who assisted in the gate decorations in Week 3. Many too, provided messages of strength to Year 12 for their care packages.

I would like to congratulate and so thank you to the wonderful students of the 2021 team! I am so incredibly impressed with each and every one of the students, who, despite the challenges of this year, have continued to stay positive, think of new ideas and strengthen their skills in communication, collaboration and creativity. I would also like to extend my congratulations to Jeremiah Armstrong, Claire Stanley, Mickayla Safar, Anna Choudhary, Connor Bell, Savannah Nenadic, James Steel, in whom, are now a part of the Prefect 2022 Team - many have been in the SRC team across various years, or only joined this year.

I am so grateful for the opportunity to work with a range of students across Years 7 to 10 this across the last two years, especially during such a challenging time. I hope that many plans that have been drafted will be able to run in 2022, without the hassle of Covid.

If your child is interested in joining the Elderslie High School Student Representative Team for 2022, self-nomination forms close Friday of Week 6, Term 4. Students will be able to vote for their peers in Week 8, with the final team to be announced by the end of the year.

Mrs Mulligan SRC Co-Ordinator

First Nation Student Education

Yarning Circle Google Classroom

During online learning the First Nation Education Team established a Google Classroom to keep students up to date with events and programs occurring. This classroom, Yarning Circle, is going to continue to be a resource where students and parents/careers can access information. I would encourage all student and parents/careers to join this classroom, so you have access to every opportunity available. Please contact Ms Crossingham if you need some assistance in joining.

Rugby League Jerseys

Our finished Rugby League Jerseys have finally arrived!! A group of our First Nation students worked with local First Nation Artist, Michael Fardon, to design the shirts at the start of the year. Unfortunately, due to COVID 2.0 the arrival had been delayed. The shirts tells a story about our area and the school community. The Lyrebird, the totem of the Dharawal people is silhouetted on the back, standing proud and strong just like the students. The campfire symbols that are connected show how are connected to each other, the land, families and other schools. They are then highlighted with the Lyrebird tracks to show a journey that we take together with the Dharawal people and reconciliation. The handprints on the front represents each year group from Year 7 through to Year 12. The boomerang with campfire symbols also represents the six year groups including staff. The meeting place symbol behind the playing number represents the team, coming together, playing as a team, playing with pride and honour for Elderslie HS.

Congratulations to all students involved and a big thank you to Michael for his assistance and expertise!!!



2021 Student Achievement Awards

Four students have been awarded a 2021 Student Achievement Award which is an outstanding achievement. It is a competitive field with student from the Ultimo Network applying each year.

Allan Barker in Year 10 was awarded the Courage, Culture and Commitment award. This award is for a student who demonstrates courage, focus and commitment in the face of challenge and personal strength to overcome adversity. Congratulations Allan!

Ben Kitchen in Year 9 was the recipient of the KARI Foundation All Rounder Initiative for his successes in sport, academics, leadership and culture. Ben is an excellent role model for other First Nation students. Well done Ben!

Emily Keenan in Year 9 was awarded the Literacy Award. This award is for students in Year 7 to Year 12 and is an exceptional achievement by Emily to receive this in Year 9. Awesome work Emily.

Dylan Bell in Year 12 received the Numeracy Award for his hard work in numeracy across his senior years. Congratulations to Dylan and all the best for your future endeavours.

Nanga Mai Awards

Congratulations to Briannan Eggert for receiving the Department of Education Nanga Mai Award for Outstanding Achievement in Public Speaking. Briannan has been a prominent member of the school debating team since Year 7. She has also compered many events across the school and region. Congratulations to Briannan and best wishes for next year's adventures.

Ms Crossingham
First Nation Education Coordinator





Library Matters

November is here, which means we've got a new theme for this month's Book Club! This month we will **read a biography or autobiography**. We've got plenty of ebooks and audiobooks to choose from, with new ones added to our online library each month. These are free to borrow so check them out at https://eldersliehs.eplatform.co/

Even though the library is closed for socialising at the moment you can still pop in to return your books or technology and to quickly borrow something new. Check the poster on the library door to see when your year group can enter the library:

Week A

Monday:

- Recess 1 Year 11
- Lunch Year 7
- Recess 2 Year9

Tuesday:

- Recess 1 Year 10
- Lunch Year 10

Wednesday:

- Recess 1 Year 10 Thursday:

- Recess 1 Year 10
- Recess 1 Year 11
- Lunch Year 10
- Lunch Year 11
- Recess 2 Year 8

Friday:

- Recess 1 Year 10
- Recess 1 Year 11
- Lunch Year 10
- Lunch Year 11

Week B

Monday:

- Recess 1 Year 11
- Lunch Year 11
- Recess 2 Year 8

Tuesday:

- Recess 1 Year 10
- Lunch Year 10

Wednesday:

- Recess 1 Year 11

Thursday:

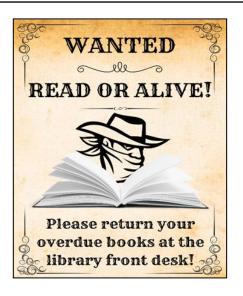
- Recess 1 Year 10
- Recess 1 Year 11
- Lunch Year 10
- Lunch Year 11
- Recess 2 Year 7

Friday:

- Recess 1 Year 10
- Recess 1 Year 11
- Lunch Year 10
- Lunch Year 11
- Recess 2 Year 9

With the end of the year coming up soon we'd really love to see all books, laptops, and internet dongles returned so we can prepare them for our students next year. Please help us out by returning these resources as soon as you can. Year 10 and 11 please remember to bring your Clearance forms for me to sign!

Miss Lysaught Librarian



Important Sport Update

NSW All Schools Athletics Championships Homebush - 9th to 12th December 2021.

This is a great opportunity for all students who love Athletics or think they may have been able to qualify for CHS earlier this year if the SSW Carnival was not cancelled.

Athletics NSW will be holding the NSW All Schools Athletics Championships on 9-12 December at Sydney Olympic Park Athletic Centre. The event is open to ALL secondary school students (including Year 12 students finishing up this year). There are NO qualification standards that exist (just enter online by the closing date).

Scan the QR Code for Registration details.

PDHPE Staffroom





A MESSAGE FROM THE OFFICE





Due to current COVID restrictions, visitors are not able to enter school grounds. If your child needs to leave school prior to the end of the school day, the following procedure is to be followed:

A note must be written by the parent stating the child's name, year group, reason for leaving early, the time leaving and name of the person collecting the child.

This note then needs to be brought to the student office BEFORE 8.55am to be approved by a Deputy Principal.

The person collecting the child must press the buzzer at the school's front gate at the agreed time and announce their arrival and who they are collecting.

Your child will meet you at the gate.

Thank you for your understanding and patience in keeping your child safe.

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PROPOSED CALENDAR - More detailed Calendar events can be found on our school website

Wk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6	Nov 8 Life Ready – Year 11	Nov 9 HSC Starts	Nov 10	Nov 11 Life Ready – Year 11	Nov 12 Life Ready – Year 11
7	Nov 15	Nov 16 P & C Meeting 7pm (Zoom)	Nov 17	Nov 18	Nov 19
8	Nov 22	Nov 23 Year 7 2022 Orientation Day	Nov 24	Nov 25	Nov 26 HSC Ends
9	Nov 29	Nov 30	Dec 1	Dec 2	Dec 3
10	Dec 6 Year 12 Graduation Ceremony	Dec 7 Year 10 Formal	Dec 8	Dec 9 Recognition Assemblies	Dec 10 Recognition Assemblies
11	Dec 13 Year 12 Formal	Dec 14	Dec 15	Dec 16 Last day of school	Dec 17

Elderslie High School 40-48 Hilder Street Narellan NSW 2567

Phone: (02) 4658 1110
Fax: (02) 4658 0219
elderslie-h.school@det.nsw.edu.au
www.elderslie-h.schools.nsw.edu.au
Excellence. Honour. Service.



P & C MEETINGS 2021

ALL parents of students and interested members of the Elderslie community are invited to attend these meetings.

Our next meeting for 2021 will be:

Tuesday, 16th November at 7pm. (Via Zoom)





Webinar for Parents

of 12-18 year olds

Learn simple strategies to reduce anxiety and build resilience in your teens.

In 2020, The Australian Productivity Commission Inquiry into mental health reported that teenage anxiety was worsening. It recommended that steps should be taken to remedy young people's anxious behaviour early-on in its development. In fact, in young people with mild- to moderate-level anxiety, parent-led interventions have been found to be as effective as treatment by a psychologist where parents are trained to deliver a parent-led treatment across time. The mainstay for the effective treatment of teenage anxiety is cognitive behavioural therapy.



Tickets on sale \$99 per person

Presented by Michael Hawton, MAPS. Held over 3 interactive webinar sessions: Thursdays 25th November, 2nd & 9th December 2021 from 6.30-8.45 PM AEDT

Over 3 sessions, you wil learn to:

- Identify and combat your teen's anxious behaviours.
- Learn simple strategies to reduce anxiety.
- Build resilience in your teen for greater social and academic success.
- Improve your parenting confidence and family bonds.

This course includes an anxiety screening test - all parents will need to complete two short surveys prior to the course.

Register early to receive a free copy of Michael Hawton's book Engaging Adolescents.

www.parentshop.com.au/parents/resilence-in-our-teens-parents

Recommended by child & family specialists

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